



MANALAPAN YOUTH LACROSSE CLUB is bringing the sport of girls lacrosse to the town of Manalapan, NJ

Learn to play the fastest growing sport in the US



GIRLS PROGRAM WINTER 2021-2022

Programs available for all skill levels and all ages from K thru 8th Grade

Location:	All Programs are held at Centercourt in Marlboro (https://centercourtacademy.com/locations/marlboro/)
Core Skills:	<ul style="list-style-type: none"> > Wednesdays from 4:30pm to 6pm (Starting first week in December) > Small group skills training > Groups are broken up into groups based on age and skill level > 3rd-8th graders will play 30 minutes of game play at the end of every session. > Register at: https://centercourtacademy.com/programs/winter-2021-2022/core-skills-marlboro
Dodging/Shooting:	<ul style="list-style-type: none"> > Mondays from 6pm to 7pm (starting November 29) > for the intermediate to advanced player > high repetition dodging and shooting drills > breaking down the approach to the cage > focusing on attacking the cage and finishing > Register at: https://centercourtacademy.com/programs/winter-2021-2022/dodging-and-shooting
4v4 PlayDay:	<ul style="list-style-type: none"> > Friday, December 10 from 5pm to 8pm > Teams of 4 players (you can make your own team) (NO GOALIES, goalies will be provided) > Guaranteed (4) 12 min games > Half field games (fun for all skill levels) > Playoff/Championship Format > Divisions 3/4, 5/6, 7/8, HS > Register at: https://centercourtacademy.com/programs/winter-2021-2022/winter-solstice-4v4
How to Register/ More Information:	Visit the Company website at: http://www.manalapanlacrosseclub.com/ or contact Eric Stein at (516) 672-3755 or via email at info@manalapanlacrosseclub.com

ABOUT THE MANALAPAN YOUTH LACROSSE CLUB:

The Manalapan Youth Lacrosse Club was founded in 2014 and is a NJ Non-Profit Organization and registered as a 501(c)(3) not-for-profit private foundation. Our sole purpose is to bring the sport of lacrosse to youth boys and girls that live in Manalapan, NJ. We run teams, clinics and leagues for all competitive skill levels from the beginner to the advanced player. We hope you decide to be a part of this organization and introduce your child to this exciting sport.

For more information go to www.manalapanlacrosseclub.com or find us on

