

# NurturedHeart



## Nurtured Heart Approach for Parents- A 3-Part Training Series

**WEMROCK BROOK SCHOOL**

**6:00PM-7:30PM**

**(VIRTUAL SESSIONS WILL BE SCHEDULED IN CASE OF  
SCHOOL CLOSURE)**

PART ONE (REQUIRED): January 29, 2025

PART TWO (REQUIRED): February 26, 2025

PART THREE (OPTIONAL): March 26, 2025

TO REGISTER, PLEASE CLICK [HERE](#)

This three-part series will provide parent training in the Nurtured Heart Approach, which is a set of strategies that help children use their intensity (which can lead to behaviors) in successful ways and with an energy that builds self-esteem/self-worth, rather than shame and self-doubt. The NHA is an approach that was originally designed to heal challenging and intense children, but has been found to help all children flourish.

Jill Berlin LoGatto, LCSW  
NHA Advanced Trainer