



MONMOUTH COUNTY PARK SYSTEM
Therapeutic Recreation Division
Programs at a Glance

INCLUSION SERVICES

The Monmouth County Park System provides accommodations for individuals with disabilities (who meet minimum eligibility requirements - with or without an accommodation - documented for the specific program) to participate in regular Park System programs. It is our intent to provide a safe, successful and enjoyable experience for all.

We understand that not every person with a special need desires specialized programming. Therefore, through our Inclusion Process we will assist and advise prospective participants and families who are interested in general recreation programs offered through the Park System, to find programs that best fit their interests and abilities (with or without accommodations). For more information, contact Justin at (732) 460-1167 ext. 22.

TEENS & ADULTS

Year-Round Program for Teens and Adults:

Night Out (ages 16 and up, with special needs)

Night Out is an evening social program that meets about once a month throughout the year. A variety of activities are available including trips in the community, dinner and a movie, bowling, mini golf and more! Participants must be able to function in at least a 4:1 participant to staff ratio. Drop-off and pick-up is at the Dorbrook Recreation Area unless otherwise noted at time of registration.

Year-Round Program for Teens and Adults:

Now We're Cooking!

(ages 16 and up, with special needs)

Bring your appetite and your culinary skills! During each program we will be preparing, cooking, and enjoying a salad/appetizer, an entree, and a dessert. These programs are held at the Dorbrook Recreation Area Visitor Center Kitchen unless otherwise noted. Participants must be able to function in at least a 1:2 staff to participant ratio.

Year-Round Program for Teens and Adults:

Special Trip

(ages 16 and up, with special needs)

Come join us as we travel to exciting events and destinations outside of Monmouth County throughout the year. Drop-offs and pick-ups will

be at the Dorbrook Recreation Area. Participants must be able to function in at least a 1:4 staff to participant ratio. Previous destinations have included Great Adventure, Cape May Zoo, Lakewood Blue Claws, NJ Devils, Historic Smithville, and the Grounds for Sculpture.

Fall/Winter Program for Teens/Adults:

Drama Troupe

(ages 13 and up, with special needs)

Are you a budding actor or actress? Do you like to play pretend? Come join us! We will be singing, acting out skits, and putting on our own performance for family and friends to see. Performance takes place during the final session. There is one session available during the fall and winter each year.

Spring Programs for Teens/Adults:

Adventure Quest Series

(ages 16 and up, with special needs)

Are you looking to challenge yourself? Our Adventure Quest Series is for you! Experience a variety of exciting activities geared towards individuals looking to connect with their peers in a stimulating environment that promotes social, emotional, and physical growth. Participants must be able to function in at least a 1:4 staff to participant ratio. Recent programs have included archery and canoeing.

ADULTS

Fall- Spring Programs for Adults:

MCRAC Adult Day Program

(ages 22 and up, with special needs)

Our MCRAC program is for adults with cognitive and neurological impairments. Social and recreational skills are worked on, as well as physical fitness, cooking and fine arts. Program runs from fall-spring on Mondays, Wednesdays, and Fridays at the Dorbrook Recreation Area from 9:00 am to 3:00 pm. MCRAC is a DDD-contracted day program.

OTHER ADULT PROGRAMS

Art Club

(ages 18 and up, with special needs)

This club offers time for socialization, creative stimulation, and self-confidence building through the use of color and form with support and positive feedback. Explore the opportunity to utilize skills and techniques introduced in previous sessions. From printmaking to sculpture, mixed media and found art, the club members will explore many avenues of creative expression. Program meets every other Saturday from fall to spring.

OTHER PROGRAMS OF INTEREST

Kids on the Block

Kids on the Block is an interactive puppet show designed to teach children about various disabilities. Our Kids on the Block Puppeteers will come to your school or organization to perform for a group of up to 75 on various topics such as Childhood Obesity, Learning Disabilities, Being the Sibling of a Child with a Disability, Teasing, Autism, Cerebral Palsy, Blindness, and Down Syndrome. Call Anne, 732.460.1167 x 24 for pricing information.

Head Injury Support Group

(all ages)

All survivors, families, professionals, and concerned persons are invited to meetings at Dorbrook Activity Center, Colts Neck. Group meets first Tuesday of each month at 7 pm.

SUMMER CAMPS

Our four camps at the Dorbrook Recreation Area, Colts Neck, serve individuals of various ages and abilities with special needs.

- **Recreation Challenge** (ages 6-20) and **Adult Adventures** (ages 21 and up) are eight-week programs that run from the end of June until mid-August yearly. Each week features a variety of activities ranging from swimming and the sprayground to arts and crafts to sports and games. A 2:1 camper to counselor ratio is provided, and campers are grouped by ages. Campers must be able to care for their own hygiene.
- **Summer Capers** is a one week summer camp in late August designed for campers (ages 6-11) with Autism (Level 1). The week is filled with exciting activities such as outdoor games, water activities, swimming, sprayground, a day trip and more. A 1:1 camper to counselor ratio is provided.

- **Capers Quest** is a one week summer camp at the end of August designed for campers (ages 12-16) with Autism (Level 1). Every day is filled with exciting activities and adventures. Past summers we have done archery, beach trips, seining, picnics and scavenger hunts. A 3:1 camper to counselor ratio is provided.

Please call Justin, 732.460.1167 x 22 for more information and camp application. Acceptance for all camps is based on application and assessment.

Contact Us!

- Justin Dunn, Recreation Leader, 732.460.1167 x 22, Justin.Dunn@monmouthcountyparks.com
- Anne Simon, Supervisor, 732.460.116 x 24, Anne.Simon@monmouthcountyparks.com