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events.hackensackmeridianhealth.org/athletetoolkit



PARTICIPANTS ARE ENCOURAGED TO SUBMIT
QUESTIONS FOR THE DISCUSSION. QUESTIONS
SUBMITTED WILL BE PRESENTED ANONYMOUSLY.

KEEP GETTING BETTER

Parent/Guardian Talk Series Your Child's Athlete Health Toolkit

Is your young athlete ready to play? Give them the best chance for success and safety. This webinar features pediatric experts in cardiology, behavioral health, and concussion management to stress the importance of screenings, and provide practical advice for parents and coaches.

Key Takeaways

- Understand the crucial role of screenings in athletic preparation.
- Learn about potential heart conditions, mental health challenges, and concussion risks in young athletes.
- Gain practical strategies for promoting physical and mental well-being in sports.

**THE WEBINAR WILL LAST APPROXIMATELY
45 MINUTES**

**Thursday, May 29, 2025
At 12 P.M.**

**REGISTER ONLINE OR CALL
800-560-9990**



Hackensack Meridian
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