





NOVEMBER 2021

Manalapan Englishtown Elementary Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Popcorn Chicken w/ a Split Top Dinner Roll	2 Cheese Stuffed Sticks w/ Marinara Sauce	3 Nachos Grande w/ Beef, Cheese, Brown Rice & Scoops	4 NJEA Convention No School	5
Weekly Alternate: Cheese Lasagna Roll-Up w/ a Split Top Dinner Roll				
8 Boneless Chicken Wings w/ a Split Top Dinner Roll	9 Grilled Cheese Sandwich	10 Pasta & Meat Sauce	11 Mozzarella Sticks w/ Marinara Sauce	12 Pizzeria Pizza
Weekly Alternate: PizzaBoli				
15 All-Beef Hot Dog on a Bun	16 Macaroni & Cheese w/ A Split Top Dinner Roll	17 Cinnamon-Glazed French Toast Sticks	18 Thanksgiving Lunch Popcorn Chicken w/ Mashed Potatoes & a Turkey-Shaped Pretzel	19 Pizzeria Pizza
Weekly Alternate: Chicken Patty on a Bun				
22 Chicken Nuggets w/ a Split Top Dinner Roll	23 Nachos Grande w/ Beef, Cheese, Brown Rice & Scoops	24 Half Day	25 HAPPY Thanksgiving 	26
Weekly Alternate: Grilled Cheese Sandwich				
29 Chicken Patty on a Bun	30 3-Cheese Cavatappi Pasta w/ a Split Top Dinner Roll			
Weekly Alternate: 3-Bean Vegetarian Chili w/ Corn Bread				

Also Available Daily:

- Bagel & Yogurt Lunch w/ a Cheese Stick
- Grilled Chicken Caesar Salad w/ a Roll
- Chef Salad – Tossed Greens w/ Turkey, Ham & Cheese

Assorted Boars Head Sandwiches

- Tuna Sandwich



Locally Grown
Cranberries



Locally Grown
Cauliflower



Fruits & Vegetables from The Farm Stand are included with lunch.



Free meals for all students*



At least 50% of All Grains served w/ your meal are Whole Grain Rich

FOOD ALLERGIES

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand
(students must select at least a serving of fruit or vegetable)

Hormone-Free Milk

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com

"This institution is an equal opportunity provider."