



SEPTEMBER 2021

Manalapan Englishtown Elementary Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6	7	8	9	10
HAPPY LABOR DAY			Baked Mozzarella Sticks w/ Marinara Sauce	Pizzeria-Style Pizza
Weekly Alternates: Grilled Cheese Sandwich				
13	14	15	16	17
All-White Meat Chicken Tenders w/ a Split Top Dinner Roll	Pizza Quesadilla	Hamburger on a Bun or Cheeseburger on a Bun	Yom Kippur School Closed	Pizzeria-Style Pizza
Weekly Alternates: Pizza Crunchers				
20	21	22	23	24
Popcorn Chicken w/ a Split Top Dinner Roll	Macaroni & Cheese W /a Split Top Dinner Roll	Nachos Grande w/ Beef, Cheese, Brown Rice & Scoops	French Toast Sticks	Pizzeria-Style Pizza
Weekly Alternates: Cheese Lasagna Roll-Up w/ a Dinner Roll				
27	28	29	30	
Boneless Chicken Wings w/ a Split Top Dinner Roll	Grilled Cheese Sandwich	All Beef Hot Dog on a Bun	Mini Waffles w/ Egg Patty & Emoji Potatoes	
Weekly Alternates: Pizza Boli				

Also Available Daily:

Bagel Lunch w/ Cheese Sticks
Grilled Chicken Caesar Salad w/ a Roll

Assorted Sandwiches:

Turkey & Cheese Sandwich
Turkey Sandwich
Ham Sandwich
Ham & Cheese Sandwich



**Locally Grown
Bartlett Pears**



**Locally Grown
Corn**



**At least 50% of All Grains served
w/ your meal are Whole Grain Rich**



Free meals for all students*

**FOOD
ALLERGIES**

Allergy Aware menus are available for students with food allergies.
For more information contact your Food Service Director or see
our Food Allergy Best Practices at www.pomptonian.com.

A Complete Lunch Includes:

Entrée (with Protein/Grain)
Trip to The Farm Stand
(students must select at least a serving
of fruit or vegetable)
Hormone-Free Milk

Menu Subject to Change

Your comments are important to us. Please e-mail
us at comments@pomptonian.com

"This institution is an equal
opportunity provider."