



*Serving With Pride The
Township of Manalapan
and the
Borough of Englishtown*

John J. Marciante, Jr., Ph.D.
Superintendent of Schools

Peter M. Friedman Building
54 Main Street
Englishtown, NJ 07726-1529
(732) 786-2500
(732) 786-2542 FAX

jmarciante@mcrsnj.us

NJDOH Travel Update

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Dear Parent(s)/Guardian(s):

We hope that you and your families are well at this time!

The NJDOH recently updated the domestic travel guidance and have shortened the quarantine requirements after travel.

New Jersey continues to strongly discourage all non-essential travel at this time. The following quarantine guidelines apply to travelers and residents returning to NJ from any U.S. State or territory other than: NY, CT, PA and DE.

- *If travel is unavoidable, travelers should consider getting tested with a viral test (not an antibody test) 1-3 days before the trip and again 3-5 days after the trip.*
- *If travelers test **positive**, they should isolate for at least 10 days and should postpone travel during that time.*
 - *Students may return to school after at least 10 days of isolation, when they are 24 hours fever-free without the use of fever-reducing medication and when their symptoms have improved.*
- *If travelers test **negative** on a PCR test taken within 3-5 days after the trip, they should quarantine for a full 7 days after travel.*
 - *Students may return to school once they submit the updated [Doctor's COVID-19 Form](#) to the school nurse.*
- *If testing is **not available**, travelers should quarantine for 10 days after travel.*
 - *Students may return to school after 10 days of quarantine.*

As always, we appreciate your cooperation in keeping our MERS community safe and healthy!

Sincerely,

John J. Marciante, Jr., Ph.D.
Superintendent of Schools

Kimberly DiMarco
Supervisor of Special Project